2011 Red Dress Run Pledge Form

Team in Training – Lymphoma/Leukemia

The Leukemia & Lymphoma Society's Team In Training® (TNT) helps participants fight blood cancers while training them to cross the finish line of a major marathon, half marathon, triathlon, 100-mile century bike ride or hiking adventures.

The Upstate New York/Vermont Chapter offers a variety of events and programs that make the TNT experience a memorable one. Our program provides experienced Coaches to help participants reach their fitness goals, and Mentors who provide encouragement and advice.

Participant Name: _____

I'm wearing a Red Dress on Saturday, May 7th 2011 to support the Upstate New York/Vermont Chapter of the Leukemia & Lymphoma Society. I'll be participating in the Halve Mein Hash House Harriers' Red Dress run in Albany, New York. Please make checks payable to: Leukemia & Lymphoma Society.

Name	Phone	Pledge	Paid
	Total		

NOTE: Bring your checks/cash and pledge form to turn in at the registration table on May 7th. Prizes for the most money raised!

*The Leukemia & Lymphoma Society is a 501(c)3 Charity. If desired, your contribution is tax deductible!